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Garuda Purana is one of the 18 major Puranas in Hinduism. It is a sacred text that contains various topics such as cosmology, mythology, ethics, rituals, and eschatology. Garuda Purana is especially known for its description of the afterlife and the rites for the dead.

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- **Vyasaonline.com:** This is a website dedicated to promoting the teachings of Vyasa, the legendary sage who composed the Vedas and the Puranas. Vyasaonline.com has a complete version of Garuda Purana in Kannada with slokas^[3]. You can download it as a PDF file for free from Vyasaonline.com.
- **Kannadapdf.com:** This is a website that offers a large collection of Kannada books and magazines in PDF format. Kannadapdf.com has a concise version of Garuda Purana in Kannada with slokas and meaning. You can download it as a PDF file for free from Kannadapdf.com.

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What is Garuda Purana?

Garuda Purana is one of the 18 major Puranas in Hinduism. It is a sacred text that contains various topics such as cosmology, mythology, ethics, rituals, and eschatology. Garuda Purana is especially known for its description of the afterlife and the rites for the dead.

The name Garuda Purana comes from the mythical bird Garuda, who is the vehicle of Lord Vishnu. Garuda is also the narrator of this Purana, who tells it to sage Kashyapa as a conversation. The Purana is divided into two parts: the Purva Khanda (first part) and the Uttara Khanda (second part). The Purva Khanda consists of 240 chapters and deals with various aspects of creation, cosmology, geography, astronomy, astrology, medicine, grammar, literature, and ethics. The Uttara Khanda consists of 45 chapters and deals with the topics of death, rebirth, heaven, hell, karma, and liberation.

What are the main teachings of Garuda Purana?

Garuda Purana teaches many valuable lessons for living a happy and righteous life. Some of the main teachings are:

- **The importance of devotion to Lord Vishnu:** Garuda Purana emphasizes that Lord Vishnu is the supreme lord of all beings and the source of everything. It advises that one should worship him with love and devotion and follow his commands. It also praises the glory and virtues of Lord Vishnu and his various incarnations such as Rama, Krishna, Narasimha, etc.
- **The importance of dharma (duty):** Garuda Purana explains that dharma is the eternal law that governs the universe and all beings. It instructs that one should perform one's duties according to one's varna (social class) and ashrama (stage of life) without any attachment or desire for rewards. It also warns against violating dharma by committing sins such as violence, theft, adultery, lying, etc.
- **The importance of karma (action):** Garuda Purana states that karma is the principle of cause and effect that determines one's destiny. It asserts that one's actions in this life will have consequences in the next life. It also describes the various types of karma such as sanchita (accumulated), prarabdha (fructifying), kriyamana (current), and agami (future).
- **The importance of moksha (liberation):** Garuda Purana reveals that moksha is the ultimate goal of human life. It defines moksha as the state of freedom from the cycle of birth and death and union with Lord Vishnu. It also explains how to attain moksha by following the paths of bhakti (devotion), jnana (knowledge), and karma (action).

What are the benefits of reading Garuda Purana?

Reading Garuda Purana can have many benefits for one's spiritual and material well-being. Some of the benefits are:

- **It increases one's faith in Lord Vishnu:** Reading Garuda Purana can inspire one to develop a strong devotion to Lord Vishnu and his incarnations. It can also help one to understand his attributes, qualities, and pastimes.
- **It enhances one's knowledge of Hindu scriptures:** Reading Garuda Purana can enrich one's knowledge of various Hindu scriptures such as Vedas, Upanishads, Bhagavad Gita, Ramayana, Mahabharata, etc. It can also help one to learn about various aspects of Hindu

culture such as festivals, rituals, customs, etc.

- **It improves one's moral character:** Reading Garuda Purana can motivate one to follow dharma and avoid adharma. It can also help one to cultivate good qualities such as truthfulness, honesty, compassion, generosity, etc.
- **It prepares one for death and beyond:** Reading Garuda Purana can make one aware of the reality of death and what happens after death. It can also help one to overcome the fear of death and attain peace and bliss in the afterlife.