

Download Zip

## **Zombies: Everything You Need to Know**

Zombies are one of the most popular and terrifying creatures in fiction and popular culture. But what are zombies exactly, and where do they come from? How many types of zombies are there, and how can you survive a zombie apocalypse? In this article, we will answer these questions and more, based on various sources and traditions.

## What are zombies and where do they come from?

A zombie is a mythological undead corporeal revenant created through the reanimation of a corpse. Zombies are most commonly found in horror and fantasy genre works. The term comes from Haitian folklore, in which a zombie is a dead body reanimated through various methods, most commonly magical practices in religions like Vodou. However, zombies have also been influenced by other cultures and traditions, such as ancient Greek mythology, African religions, European folklore, and modern science fiction.

Zombies have been featured in many works of fiction and popular culture, such as novels, films, comics, video games, and TV shows. Some of the most famous examples are George A. Romero's Night of the Living Dead (1968) and its sequels, which established many of the modern zombie tropes; The Walking Dead (2010-present), a TV series based on a comic book series of the same name; World War Z (2013), a blockbuster film starring Brad Pitt; and Resident Evil (1996-present), a video game franchise that has spawned several films and spin-offs. Zombies are appealing to audiences because they represent various fears and anxieties of modern society, such as disease, death, violence, social collapse, loss of identity, and loss of control.

## What are the different types of zombies?

There are many different types of zombies, depending on their origin, appearance, behavior, and abilities. Here are some of the most common ones:

- Voodoo zombies: These are zombies created by a bokor or witch-doctor using herbs, shells, fish, animal parts, bones and other objects to create concoctions including "zombie powders," which contain tetrodotoxin, a deadly neurotoxin found in pufferfish and some other marine species. These zombies are usually under the control of their creator and have no will or personality of their own.
- **Romero zombies**: These are zombies inspired by George A. Romero's films. They are usually reanimated by a virus or radiation that affects the brain. They are slow-moving, mindless, flesh-eating creatures that can only be killed by destroying their brain or severing their spinal cord. They can also infect others by biting or scratching them.
- **Runners**: These are zombies that are fast-moving and agile. They may be caused by a different strain of virus or mutation that enhances their physical abilities. They are more aggressive and dangerous than Romero zombies. Some examples of runners are the infected in 28 Days Later (2002) and World War Z (2013).
- **Infected**: These are not technically zombies, but humans who have been infected by a pathogen that causes them to exhibit zombie-like symptoms. They may still be alive but have lost their rationality and humanity. They may also retain some intelligence or memory but be overwhelmed by rage or hunger. Some examples of infected are the zombies in I Am Legend (2007) and The Last of Us (2013).
- **Other types**: There are also other types of zombies that have unique characteristics or origins, such as zombies created by magic, nanotechnology, aliens, parasites, etc. Some

examples are the zombies in The Evil Dead (1981), Dead Space (2008), and The Girl with All the Gifts (2016).

The following table summarizes some of the differences between the main types of zombies: